

Liver Patterns

A Comparison of Meridian Circuit Systems and Zang-Fu Syndromes

Liver Connections

SI

-

PC - LV - LU

-

-

GB

LI

Liver Circuits

Jue Yin – Shao Yang Circuit

LV - PC

- -

GB - SJ

Jue Yin – Yang Ming Circuit

LV - PC

- -

LI - ST

Jue Yin – LI/KI Circuit

LV - PC

- -

LI - KI

Wood – Fire Circuit

LV - GB

- -

SI - HT

Zang-Fu Patterns

- ❖ Liver Qi Stagnation
- ❖ LV Qi Invading the ST
- ❖ LV Qi Invading the LU
- ❖ LV Fire
- ❖ LV Yang Rising
- ❖ Liver Wind
- ❖ LV Cold Stagnation
- ❖ LV Blood Vacuity
- ❖ LV Yin Vacuity
- ❖ LV Yin Vacuity w/
Empty Heat
- ❖ Stasis of LV Blood
- ❖ Liver/GB Damp Heat

Liver Qi Stagnation

- ❖ Class 1: Affects Head or Eyes

Connecting meridians to consider LI or GB

- ❖ Class 2: Affects Chest (LU or HT)

Connecting meridians to consider LU or PC

- ❖ Class 3: Affects Abdomen, ST, or LI

Connecting meridians to consider PC or LI

- ❖ Class 4: Affects Reproductive System

Connecting meridians to consider LI, GB, LU or PC

Liver Qi Stagnation

❖ Class 1: Affecting Head and Eyes

GB - LV - LI

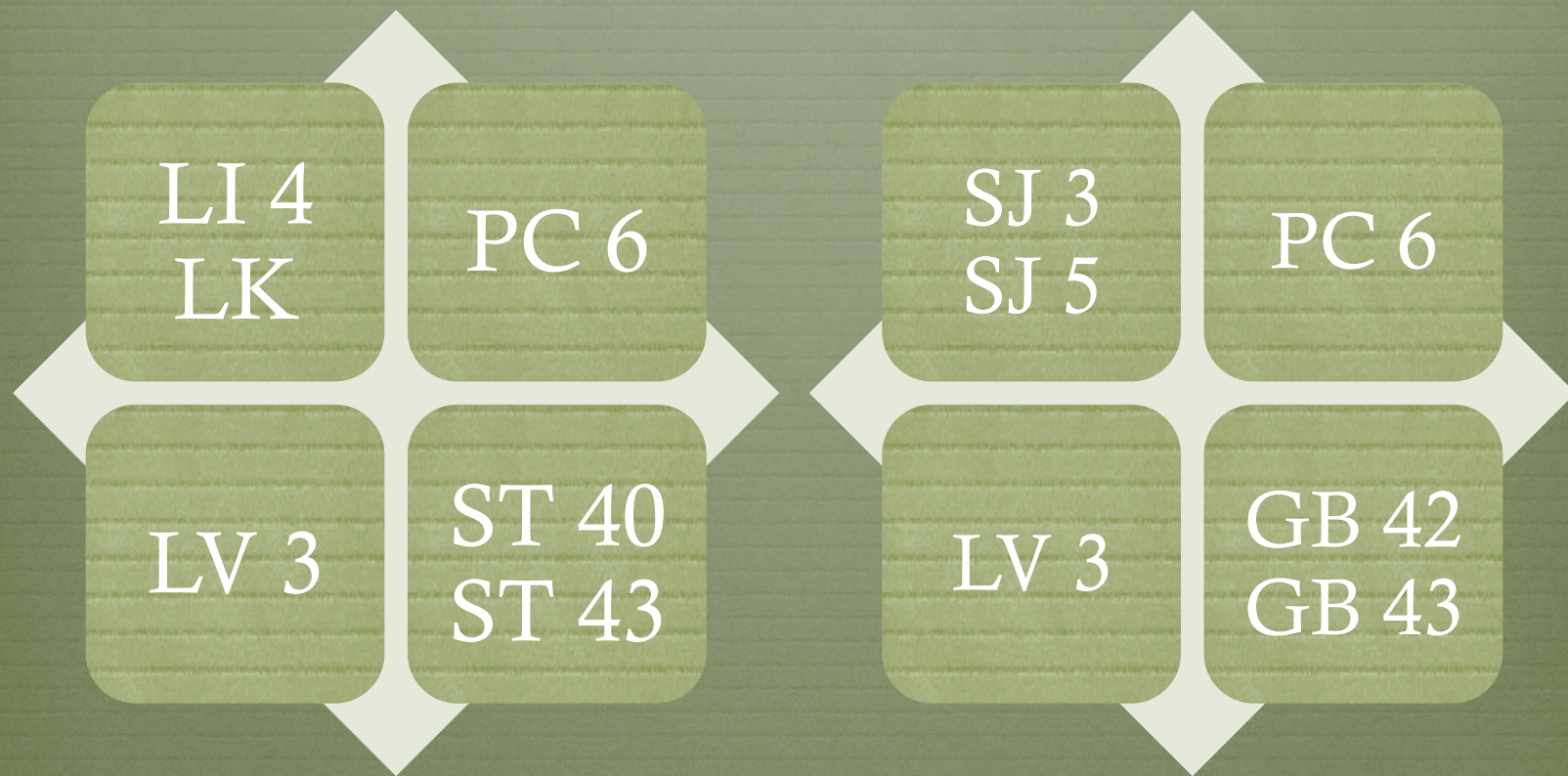
❖ Jue Yin – Yang Ming

Use this circuit if ST, LI, digestive or abdominal symptoms are also present.

❖ Jue Yin – Shao Yang

If the temples, neck, shoulders, ribs, or hips are also affected use this circuit.

Liver Qi Stagnation Headaches



Liver Qi Stagnation

❖ Class 2: Chest or Upper Thoracic Cavity

PC - LV - LU

For chest conditions related to the lungs use the LV, LI, LU triad

LV LU

LI

Notice the 5-element approach

For heart related imbalances start with the Jue Yin

LV - PC

Then determine whether to use:

Jue Yin – Yang Ming

Jue Yin – Shao Yang

Jue Yin – LI/KI

Liver Qi Stagnation Obstructing the Lungs



Liver Qi Stagnation

❖ Class 3: Affects ST or LI

Jue Yin – Yang Ming

Conditions: Epigastric pain, abdominal pain, ulcers, constipation, diarrhea, IBS, colitis, Crohn's disease, etc

LV - PC

- -

LI - ST

This circuit will also treat other liver patterns that affect the digestion and abdomen.

Liver Qi Stagnation

❖ Affecting Reproductive System

LV - LU - LI Triad

Jue Yin – Yang Ming

Jue Yin – Shao Yang

Jue Yin – LI/KI

❖ LV - LU - LI Triad
LU opens the RN

❖ Jue Yin – Yang Ming
LI and PC meridians

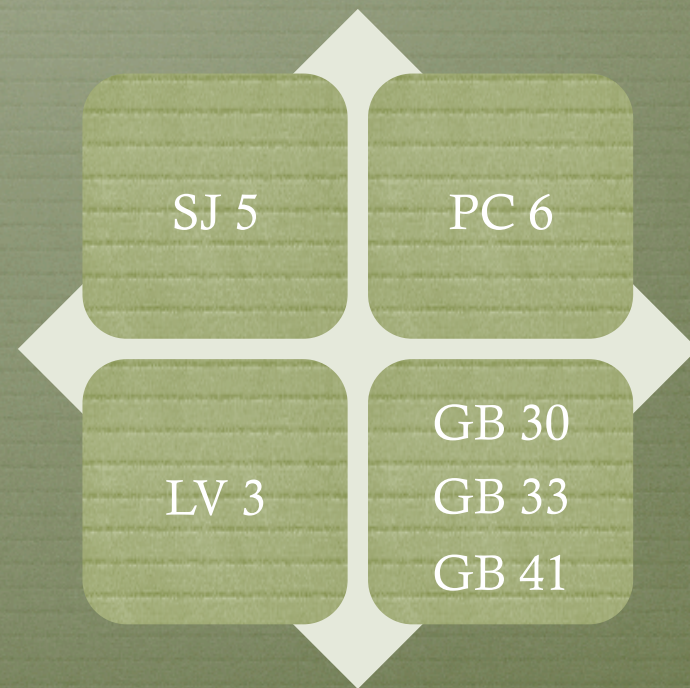
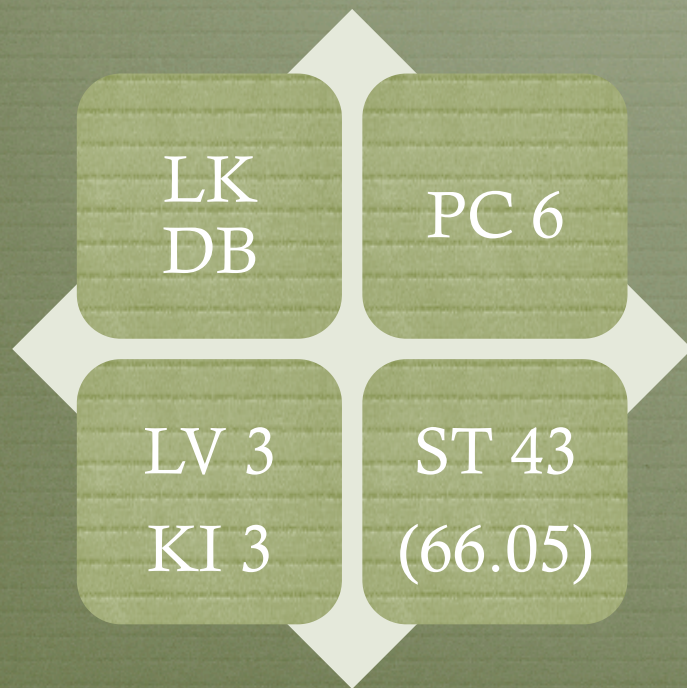
❖ Jue Yin – Shao Yang
GB – Dai

❖ Jue Yin – LI/KI
LI and KI connection to reproduction

Dysmenorrhea

1. Painful periods
2. Frontal headaches
3. Low back pain

1. Painful periods
2. Hip pain
3. Temple headaches



Liver Qi Invading the ST or LV Qi Obstructing the LI

- ❖ Jue Yin – Yang Ming Circuit used for any pattern where LV qi is affecting the Yang Ming organs or meridians.

LV - LI - ST

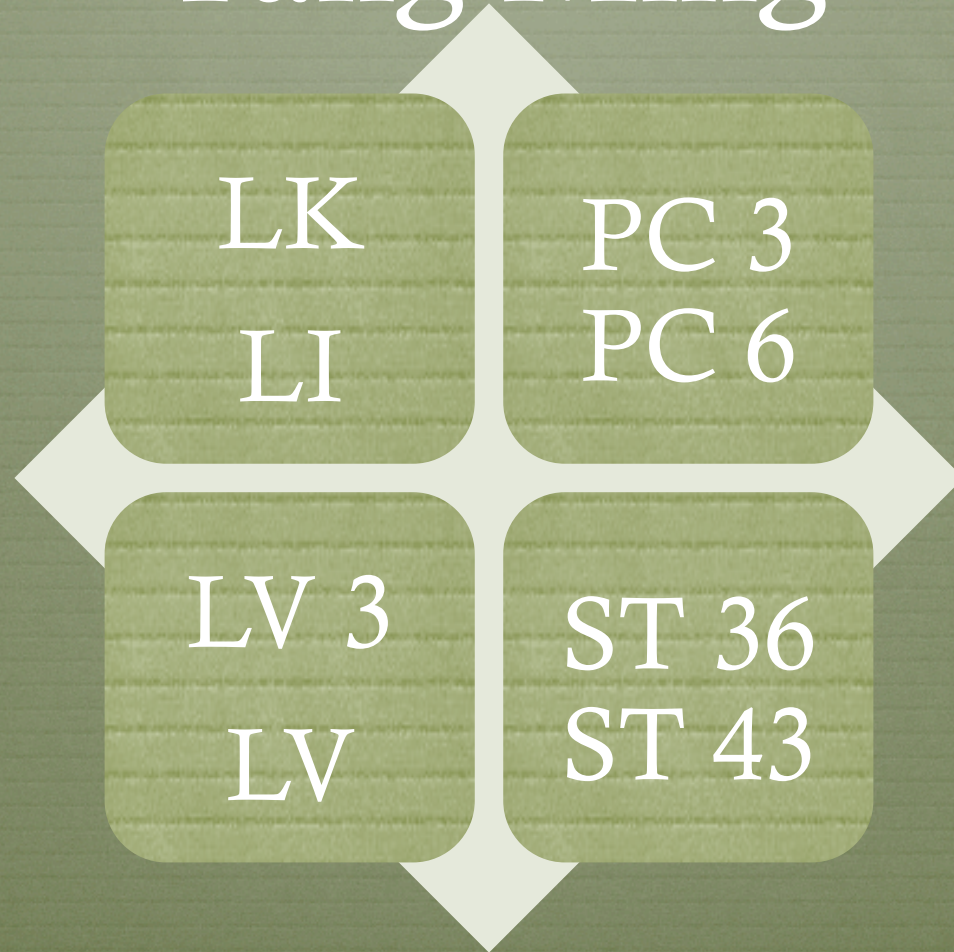
LV - PC - ST

LV - LI

- -

PC - ST

Liver Qi Invading the Yang Ming



LV Qi Invading the LU



Bilateral Needling: 4 Gates with Thoracic 4 Gates

LV 14, LV 3, LU 1, LI 4

LU 7 may also be added or Ling Gu may substitute for LI 4

Liver Fire

❖ In TCM the SJ Meridian is Commonly Used

LV - GB - SJ

LV - PC - SJ

❖ Jue Yin – Shao Yang

LV - PC

- -

GB - SJ

When liver fire affects the LI or ST use the Jue Yin – Yang Ming Circuit

Liver Yang Rising

This pattern typically affects the head, eyes, ears, nervous system and blood pressure.

Based on channel location and energetics the shao yang are important for treatment.

SJ points very commonly used as are GB in TCM.

❖ Shao Yang – Jue Yin

GB - SJ

- -

LV - PC

Liver Yang Rising with KI Deficiency

GB - SJ

- -

LV - PC

- -

LI - KI

Case Study, Woman 29

- ❖ Tinnitus – 6 months, high pitched, started during severe stress, left ear worse, temple HA
- ❖ Amenorrhea – could go several months without (rooted in KI vacuity)
- ❖ Low back pain, chronic and dull



Liver Wind

Jue Yin – Shao Yang

LV - PC

- -

GB - SJ

Modified Jue Yin – LI/KI

GB - SJ

- -

LV - PC

- -

LI - KI

Liver Yin Vacuity

❖ Usually connected to KI
Yin Vacuity

❖ Jue Yin – KI/LI

PC connects the LV and
KI, and opens the Yin Wei.

LV - PC - KI

GB - SJ

- -

LV - LI - KI

LV - PC

- -

LV - GB - SJ - KI

LI - KI

Liver Yin Vacuity with Empty Heat

GB - **SJ**

- -

LV - PC

- -

LI - KI

Liver Blood Vacuity

Jue Yin – PC connects to blood production and circulation as well as to the Yin Wei.

Yang Ming are full of Qi and Blood.

LV - PC

- -

LI - ST

Liver Blood Stagnation

When liver qi stagnates this can affect the blood and lead to qi and blood stagnation.

Blood Stagnation

Blood Stagnation patterns may be categorized as:

❖ Jue Yin – Yang Ming

❖ Liver Blood Stagnation

LV - PC

❖ Heart Blood Stagnation

- -

❖ Qi and Blood Stagnation of the Intestines

LI - ST

❖ ST Blood Stagnation

❖ Blood Stagnation of the Uterus

* ST meridian may be substituted for the GB

LV/GB Damp Heat

Jue Yin – Shao Yang

Tai Yang – LV/LU

LV - PC

SI - UB

- -

- -

GB - SJ

LV - LU

Most commonly used circuit for LV/GB damp heat.

If the LV damp heat is affecting the UB or for cases of hepatitis.

Liver Cold Stagnation

What circuit would you use for this pattern?

This will depend on the clients top 3 concerns and the overall meridian systems pattern that is present.

Summary

- ❖ Liver Connections: 5 – PC, LI, GB, SI, LU
- ❖ Liver Patterns: Zang-Fu
- ❖ Liver Circuits: Jue Yin – Yang Ming, Jue Yin – Shao Yang, Jue Yin – LI/KI, LV/LI/LU Triad, Wood – Fire Circuit, Tai Yang – LV/LU circuit
- ❖ Ask the patients about their top 3 health concerns